

Orange County Stroke Rehab Association Picnic Exhibitor & Resource List



The OCSRN recognizes that other valuable services and products that are not included on this list exist -please let us know about them by going to our website at: **www. OCSRN.com**. (Inclusion on this list does not imply endorsement by the OCSRN).

Adaptive Technology

Also refer to **Specialized Equipment** section below
Assistive Technology Exchange Center (ATEC).

Table 15

<http://www.atec-oc.org/>

1601 East St. Andrew Place

Santa Ana, CA 92705

(714) 361-6200

TTY/TTD: 714.543.1873

FAX: 714.361.6220

ATEC@ocgoodwill.org

“ATEC is a comprehensive assistive technology resource center that is one of Goodwill of Orange County’s vital health and human services programs. They offer consultation and assessment services, equipment trial, equipment loan and reuse and support in learning how to use assistive technology equipment.”

California Telephone Access Program.

Table 15

<http://www.ddtp.org/CTAP>

“The California Telephone Access Program (CTAP) distributes telecommunications equipment and services to individuals certified as having difficulty using the telephone. CTAP is a California State mandated program, under governance of the California Public Utilities Commission (CPUC). Equipment and some network services are available at no charge to eligible consumers.”

Caregiver Resources

Orange Caregiver Resource Center

St. Jude Centers for Rehabilitation and Wellness

Table 11

2767 E. Imperial Hwy., 2nd Floor

Brea, CA 92821

(800) 543-8312, (714) 870-3530

Email: ocrcuser@stjoe.org

Communication Resources

Also refer to Rehabilitation Services below

Conversation groups for persons with aphasia:

Communication Recovery Groups

St. Jude Medical Center, 101 E. Valencia Mesa Dr., Fullerton, CA 92835

*Please call for more information about the 16 conversation groups and 2 peer support groups. Contact: Candace P. Vickers, Ph.D., CCC-SLP, (714) 992-3000 ext. 3149

E-mail: Candace.Vickers@stjoe.org or commrec98@gmail.com

Places to go for more speech and language therapy after leaving regular outpatient therapy:

Biola University

13800 Biola Ave, La Mirada, CA 90639

Communicative Disorders Program

(undergraduate only)

CHAIR: Matthew Rouse (562) 944-0351x5452 Email: matt.rouse@biola.edu

CLINIC DIRECTOR: Yvana Hernandez (562) 944-0351x5434

yvana.hernandez@biola.edu

Fax: (562) 906-4515

Website: <http://www.biola.edu>

Santa Ana College

1530 W 17th Street, Santa Ana, CA 92706-3398

Monica Porter 714-564-6668, porter_monica@sac.edu

Website: www.sac.edu/

California State University, Fullerton

800 N State College Blvd., Fullerton, CA 92834

CHAIR: Kurt Kitselman, kkitselman@fullerton.edu

CLINIC DIRECTOR: Mike Davis, mjdavis00@aol.com

Edith Li, edithli@fullerton.edu

(714) 278-3530

FAX: (714) 278-3377

<http://www.fullerton.edu>

California State University, Long Beach

1250 Bellflower Blvd., Long Beach, CA 90840

CHAIR: Lyn Madding, (562) 985-4594, madding@csulb.edu

CLINIC DIRECTOR: Gerry Wallach, coronacape@aol.com

562-985-4594, FAX: 562-985-4584

Website: <http://www.csulb.edu>

Website resources on aphasia:

<http://www.aphasia.org>

<http://www.StrokeSoftware.com>: Therapist-designed speech-therapy software providing unlimited, independent speech & language practice (for home or clinic) using proven therapeutic techniques for faster rehabilitation.

<http://www.lingraphica.com>: The Lingraphica is an easy-to-use, full-featured communication device. It provides an extensive vocabulary of icons you can combine to create personalized phrases and simple sentences that speak in a natural-sounding voice. You can play these instantly or save them for easy access in the future. You may also take advantage of pre-loaded phrases, videos, and an extensive selection of practice exercises.

Community Integration

Dayle McIntosh Independent Living Center

Table 18

13272 Garden Grove
Garden Grove, CA 92843
(714) 621-3300

<http://www.daylemc.org>:

“The Mission of the Dayle McIntosh Center is to advance the empowerment, equality, integration and full participation of people with disabilities in the community. The Center is not a residential program, but instead promotes the full integration of disabled persons into the community. Dayle McIntosh Center is a consumer-driven organization serving all disabilities. Its staff and board are composed of over 50% of people with disabilities. Its two offices service over 500,000 people in Orange County and surrounding areas with disabilities. The Dayle McIntosh Center exists to enable persons with disabilities to succeed in every area they desire and to fulfill every dream they have and to provide equal opportunity!”

Canine Companions

Table 18

<http://www.cci.org>

“Founded in 1975, Canine Companions for Independence (CCI) is a non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.”

Construction/Home modification Assistance

Rebuilding Together

<http://www.rebuildingtogetheroc.org>

P.O. Box 329

Tustin, California 92781

Phone: (714) 667-8174

E-mail: scarpen@rebuildingtogetheroc.org

Rebuilding Together believes in a safe and healthy home for every person. This means that we believe disabled and aging homeowners should be able to remain in their homes for as long as possible. We believe that homeowners displaced by natural disaster will get back into safe housing with help from the community. We

believe that our nation's veterans with disabilities deserve safe and accessible homes. Rebuilding Together believes we can preserve affordable homeownership and revitalize communities by providing free home modifications and repairs, making homes safer, more accessible, and more energy efficient.

Day treatment for adult stroke survivors:

Rehabilitation Institute of Southern California

<http://www.rio-rehab.com>

Three locations:

-130 Laguna Road

Fullerton, California 92835

(714) 680-6060

-1800 East La Veta Avenue

Orange, California 92866

(714) 633-7400

- 2021 Calle Frontera

San Clemente, California 92673

(949) 498-7671

Driving program:

Table 11

St Jude Driving Program, St. Jude Centers for Rehabilitation and Wellness

2767 E. Imperial Highway, Brea, CA 92821

(714) 578-8720

<http://www.stjudemedicalcenter.org/Services/Program-and-Sevices-Listing/St.-Jude-Driving-Program/>

Educational Programs

Table 24

Chapman University Doctor of Physical Therapy Program

501 W. Palm Ave, Orange, CA 92866; 714-744-7620; www.chapman.edu

The program provides opportunities for individuals with stroke to work with physical therapy students and faculty in our Neurological Practice Management Course.

Coming soon: Community Clinic services for post-stroke physical therapy providing by faculty and students on a sliding scale.

Chapman also has a new Communication and Speech Disorders (Speech Therapy) master's degree program-please refer to brochures for more information.

Azusa Pacific University's Doctor of Physical Therapy Program also provides opportunities for individuals with stroke to work with faculty and students in a laboratory setting.

Please refer to resources under Communication and Recreational Resources for additional college and university-related listings

Professional Organizations

Table 14

California Physical Therapy Association: www.ccapta.org

Occupational Therapy Association of California: www.otaonline.org

Public Agencies

Table 18

Orange County Area Agency on Aging Senior Services

1300 South Grand Ave., Building B, Santa Ana, CA 92705. (714)-567-7555

Information and Assistance: (714) 567-7500

California Department of Rehabilitation

Table 18

Vocational Rehabilitation

<http://www.dor.ca.gov>

222 S. Harbor Blvd., Suite 300

Anaheim, CA 92805-3701

714-992-0800

714-991-0842 TTY

Orange County Health Care Agency

Links to resources in Orange County: www.ochealthinfo.com/

County of Orange

Health Care Agency

PO Box 355

Santa Ana, CA 92702

Recreational Resources

Tables 20-21

NCPAD is an information center concerned with physical activity and disability.

<http://www.ncpad.org>

Goodwill Fitness Center

Phone # 714-361-6180

<http://www.ocgoodwill-fitnesscenter.org>

Goodwill of Orange County provides service and support to adults and seniors living with disabilities and other barriers. Their goal is to improve their physical fitness and strength to promote the highest degree of independence.

Beach Wheelchairs

<http://www.coastal.ca.gov/access/beach-wheelchairs.html>

Beach Wheelchairs are equipped with large, wide wheels which can roll across the sand without sinking requiring users to be accompanied by someone pushing them, although several California locations offer motorized chairs which may be self-propelled.

Bowling - Super Sports Bowling in Yorba Linda

Address- Yorba Linda Bowl - 18171 Imperial Hwy

Phone # - (714)777-3818

Garden Grove Sports and Recreation Center

Address- 13641 Deodara Drive

Phone # (714) 889-5782

Offer year-round programs that provide a full range of opportunities for life enrichment, self improvement, personal growth, and artistic expression.

Programs include youth and adult sports, excursions, and activities for senior citizens.

Horseback Riding - Back Bay Therapeutic Riding Club

Address - 20262 Cypress St

Phone # (949) 474-7329

The Back Bay Therapeutic Riding Club is a non-profit organization dedicated to providing an avenue to improve the bodies, minds and spirits of adults with physical and or developmental disabilities, through therapeutic horseback riding lessons and other unique activities.

Horseback Riding - Anaheim Equestrian Center Therapeutic Riding Program

Address-1370 S. Sanderson Ave. Anaheim, CA 92806

Phone # (714) 292-3563

Goal is to educate the importance and benefit of a city stable to the health of its community and to provide access to an Equestrian Center for everyone, young and old, who wish to learn more about horses.

Horseback Riding - Shea Therapeutic Riding Center

Address-26284 Oso Road, SJC

Phone # (949) 240-8441

The Shea Center offers classes that focus on a broad range and combination of disabilities. These classes fall under the general term "therapeutic riding" but each class is a sophisticated program developed to address the needs of that small group.

Horseback Riding - Therapeutic Riding Center

Phone # (714) 969-8846

Nifty After Fifty

Website- www.niftyafterfifty.com/

A full service state-of-the-art fitness center offering a unique array of empowering services to help you look and feel great. Their low cost fitness memberships include clinically supervised full-body training with one of our highly skilled fitness coaches including a personalized nutritional program combining sensible weight management and dietary consulting.

Orange Coast College Adaptive PE Program

http://www.orangecoastcollege.edu/student_services/special_services

Adapted Physical Education classes are designed for physically disabled persons who can benefit from individualized exercise programs. Students are encouraged to maximize their physical potential within the limitations of their disabilities.

Outdoor - Casa Colina Centers for Rehabilitation

Address- 255 East Bonita Ave.

Phone # (909) 596-7733, ext 2200

“Casa Colina is a non-profit, freestanding, community-governed organization. With incredible support from our community, we have been privileged to bring the benefits of rehabilitation to disabled people.”

Public Park Accessibility: www.parks.ca.gov follow link to “Accessibility in Parks” where visitors can search for accessibility to specific activities.

Additionally, on each state park's web page there is a link to the accessible features located in that park

Email- ksarber@parks.ca.gov

Saddleback Community College Adaptive PE Program

<http://www.saddleback.edu/dsps/pe/>

Provides individuals with disabilities such as arthritis, blindness and visual impairments, brain injury, cardiovascular and respiratory conditions, cerebral palsy chronic back/neck and other orthopedic conditions, multiple sclerosis, Parkinson's Disease, work one on one with a student assistant, work in small or large group. Once an assessment is completed, students are given a Personal Exercise Plan and begin working towards their class goals.

Sailing - Access to Sailing

Address-Long Beach at Shoreline Village

Phone # (562) 433-0561

Email- info@accesstosailing.org

Swimming - RIO Rehabilitation Institute

Address-1800 E. La Veta, Orange, CA 92866

Phone # (714) 633-7400 ext. 241

"RIO Adult Day Health Care is designed for adults experiencing a decrease in functioning primarily due to a brain injury, stroke, dementia, developmental disability, psychiatric disability, or other neurological condition.

The 2 objectives of the program are:

- (1) to restore or maintain optimal capacity for self care, and
- (2) to delay or prevent inappropriate institutionalization."

Rehabilitation Facilities

Accredited Homecare

Please see representative for more information

Alta Home Care

<http://www.altahomecare.com>

1740 Katella Ave Ste B

Orange CA 92867

Phone | (866) 279-9991

Fax | (866) 279-1147

Casa Colina Centers for Rehabilitation

<http://www.casacolina.org>

rehab@casacolina.org

255 East Bonita Avenue

PO Box 6001

Pomona, CA 91769-6001

909/596-7733

Toll-free 866/724-4127

FAX 909/593-0153

TDD-TTY-Q 909/596-3646

Complete Balance Solutions

Tables 5-13

Table 5

Table 6

Table 8

Table 13

24012 Calle De La Plata #300
Laguna Hills, CA 92653
(949) 340-6927

“Complete Balance Solutions offers the increasing number of patients with balance/walking/gait (Neurological, Vestibular and Orthopedic), dizziness, Complex Neurological, and Unresolved Orthopedic disorders a place to receive quality care and rehabilitation.”

England Physical Therapy

Table 9

12465 Lewis Street
Garden Grove, CA 92840-4658
(714) 703-8477

“EPT is committed to providing progressive and comprehensive physical therapy care.”

HealthSouth Tustin Rehabilitation Hospital

Table 9

<http://www.tustinrehab.com>

HealthSouth Tustin Rehabilitation Hospital
14851 Yorba Street
Tustin, CA 92780
Inpatient Referral Phone Number:
(714) 832-9200
Outpatient Referral Phone Number:
(714) 573-5233

“HealthSouth Tustin Rehabilitation Hospital is a 48-bed acute medical rehabilitation hospital that offers comprehensive inpatient and outpatient rehabilitation services.”

Hoag Hospital

Table 10

<http://www.hoaghospital.org>

<http://www.hoaghospital.org/neuroscience/Programs-Stroke.aspx>

One Hoag Drive, PO Box 6100
Newport Beach, CA, 92658-6100

Kaiser Permanente

<http://www.kp.org>

Mission Hospital

Table 10

<http://www.mission4health.com>

“Our goal is to enable people with disabling conditions to achieve their goals and to pursue life with meaning and purpose. And we've done it - our Acute Rehabilitation Unit (ARU) consistently ranks among the top 10 percent in the nation for positive results for rehabilitative services.”

Long Beach Memorial Hospital

Table 3

http://www.memorialcare.org/medical_services/rehabilitation-therapy/neuro.cfm

2801 Atlantic Avenue
Long Beach, CA 90806
Phone: (562) 933-2000

Saddleback Memorial Hospital

Table 11

24451 Health Center Drive
Laguna Hills, CA 92653
(949)837-4500

<http://www.memorialcare.org/saddleback/about.cfm>

“From strokes to nerve damage, we help patients achieve their physical potential and teach compensation techniques to increase independence in activities of daily living.”

St. Joseph’s Hospital

Table 12

www.sjo.org/

1100 West Steward Drive, 92868

714-633-9111

“St. Joseph Hospital Physical Rehabilitation Services provides patients who have stroke with compassionate, licensed occupational, physical and speech rehabilitation.”

St. Jude Rehabilitation and Wellness Center

Table 11

St. Jude Medical Center

101 E. Valencia Mesa Dr.

Fullerton, CA 92835

For information about neurological physical therapy services, please call (714) 578-8720.

<http://www.stjudemedicalcenter.org>

University of California at Irvine Medical Center

Table 13

<http://www.healthcare.uci.edu>

101 The City Drive South

Orange, CA 92868

(714) 456-7890

Winways Rehabilitation Center

Table 7

<http://www.winwaysrehab.com>

7732 East Santiago Canyon Road

Orange, CA 92869-1829

(714) 771-5276

Research Studies:

Tables 22 and 23

Robotic Therapy Study:

Table 22

HWARD (Hand Arm Assistive Robotic Device)

<http://www.strokerobot.com>

Dr. Steven Cramer’s laboratory at the University of California at Irvine is involved in several studies pertaining to stroke. For the HWARD study, they use a robot to improve hand and wrist strength after stroke. Learn more about HWARD by visiting www.strokerobot.com.

Dr. Cramer’s lab “is focused on central nervous system repair in humans. This involves understanding pathology, innate repair processes, and issues related to therapeutic intervention. The main tools... (used) to approach these issues are detailed behavioral/neurological examination, assessment of selected genotypes, anatomical brain imaging, functional MRI, perfusion MRI, and transcranial magnetic stimulation (TMS).”

Biomimetic Orthosis for Neurorehabilitation of the Elbow and Shoulder (BONES). Dr. David Reinkensmeyer and his team at the University of California at Irvine are conducting a research study that looks at how an 8-week robotic therapy of the weak arm can improve function after stroke. Please visit table 22 for more information.

Casa Colina is a partner with USC and other universities.

ICARE-Long Beach Memorial Hospital.

National Institutes of Health, National Institute of Neurological Diseases and Stroke: http://www.ninds.nih.gov/disorders/clinicaltrials_us.htm

<http://www.clinicaltrials.gov/ct/search?term=Stroke>

National Stroke Association

<http://www.stroke.org>

<http://www.centerwatch.com>: More than 875 clinical research centers and 600 companies offering a variety of services to the clinical trials community are profiled right here on www.centerwatch.com! Locate research centers by medical expertise or geographic region and industry providers by type of services provided. Both profiles offer detailed information about the services they provide.

Specialized Equipment Resources:

NuStep Recumbent Cross Trainers

Table 25

<http://www.nustep.com>

Dynavox Adaptive Communication equipment

Table 25

<http://www.dynavoxtech.com>

<http://www.bioness.com>

<http://www.neuromove.com>

“NeuroMove™ works by detecting the attempts to move a muscle group sent from the brain. These attempts are shown in the display as significant increases in the signal over regular muscle activity. The built-in microprocessor intelligently distinguishes between regular muscle activity, muscle tone, noise and real attempts.”

Saebo

<http://www.saebo.com>

“Saebo’s Functional Dynamic Neurological Orthoses allow patients with very little residual arm and hand function to immediately begin performing highly repetitive grasp and release activities.”

Walkaide

<http://www.walkaide.com>

“Unlike a traditional Ankle Foot Orthosis (AFO), WalkAide employs advanced sensor technology to actually analyze the movement of the leg and foot. WalkAide then sends electrical signals to the peroneal nerve, which runs along the outside of the lower leg and controls movement in the ankle and foot.”

Stroke Associations-national

National Stroke Association

<http://www.stroke.org>

American Heart Association
<http://www.americanheart.org>
American Stroke Association
<http://www.strokeassociation.org>

Support Groups for stroke survivors

American Heart/Stroke Association

Contact information - Kelly Grose (Exec Dir), Adam Sanchez OCSRN vol
Address- 4600 Campus Dr, Irvine CA 92617
Phone # 949-856-3555 ext1512

Casa Colina Rehab Hospital

Email-rehab@casacolina.org

Genentech

<http://www.gene.com/gene/products/education/vascular/stroke-factsheet.html>

Contact information- Dana Stradling

Email- dstradli@uci.edu

Hoag Neuroscience Stroke Coordinator

Phone # 949-764-1454

Long Beach Stroke Support Group

Address- 2801 Atlantic Ave, Long Beach CA 90806

Phone # 562-933-9043

National Stroke Association:

Contact information-Dana Stradling

Email- dstradli@uci.edu

Phone # 714-305-9405

Orange County/

Roxanna Hodge Foundation Stroke Survivors Support Group

Contact information -Janet French

Email- janetf@ocstroke.org

Address- 23332 Mill Creek Dr Suite 110, Laguna Hills CA 92653

Phone # (949) 916-1597

UCI Stroke Support Group

Contact information- Dana Stradling

Email- dstradli@uci.edu

Additional Support Groups

Long Beach V.A. Stroke Group

Long Beach V.A. Medical Center, Speech Pathology (126), 5901 E. 7th Street,
Long Beach, CA 90822

*Group is only open to Veterans. Meets every Wednesday at 10am.

Contact: Steven E. Deutsch, Ph.D., (562) 826-8000, ext. 3283

Long Beach VA PVA

Address- 5901 E Seventh St, Long Beach CA 90822

Phone # 562-494-5713

Email- CalPVA5@aol.com

Tables 1-4

Table 3

Table 2

Table 1

Table 2

Table 3

Table 1

Table 4

Table 1

Stroke/Aphasia Support Group

CA Heights United Methodist Church, 3759 Orange Ave., Long Beach, CA 90807

*Meets Tuesdays from 10-11:30am. Contact: Gary Huffman or Marianne

Simpson, M.A., CCC-SLP

Phone: (562) 537-0566.

Mailing Address: Stroke Association of Southern California - Long Beach

Chapter, P.O. Box 8340, Long Beach, CA 90808

Aphasia/Stroke Support Groups

Newport Language, Speech & Audiology Center, Inc., 26137 La Paz Road, Suite

104, Mission Viejo, CA 92691-5309. Contact: Mary Ellen Hood (949) 581-5206

ext. 115, Nan Weaver (949) 581-5206 ext. 117

HealthSouth Tustin Rehab Hospital Stroke Support Group

HealthSouth Tustin Rehabilitation Hospital, 14851 Yorba St., Tustin, CA 92780

*Meets 4th Thursday of the month at 7pm. Contact: Stephanie Vaughn, PhD,

Director of Nursing, (714) 832-9200 - ask for Stephanie Vaughn

Email: Stephanie.Vaughn@healthsouth.com

Paralyzed Veterans of America

Email- pva.org

Stroke & Hi BP Class

Address- 3636 Linden Ave, Long Beach CA 90807

Phone # 562-922-0520

Transportation Agencies:

Table 19

ACCESS Programs for Orange County Transit Authority and MTA (LA County)

Both Orange and LA counties provide special transport for disabled individuals under the ACCESS Service. ACCESS is only available to eligible persons upon application. In both programs a bus or a van comes to the person's residence and picks them up at a designated time, per request at least a day in advance. Then they can be dropped off within 3/4th mile of any fixed bus route in LA or Orange County.

Access Paratransit (LA County, http://www.asila.org/riding_access/gaining_eligibility.html)

- Applications available on the website, takes up to 21 days to process

- Appointments made by calling 1-800-883-1295 between 6pm-10pm, 7 days a week.

- Ride operates same as normal bus, 4am-12am, 7 days a week.

- Fare is \$2.25-\$3.00 each way, needs to be paid in exact change upon pickup.

*Note bus does not come to the door, rather is curb to curb pickup. Rider needs to be waiting for bus outside at arrival appointment time.

Orange County Transit Authority: OCTA ACCESS (Orange County, <http://www.octa.net/access-service.aspx>)

- Applications available on website, basic 3 criteria evaluated are:

- Individual's ability to get to/from the bus stop

- Individual's ability to board/exit the bus

- Individual's cognitive ability to navigate the regular bus system

- Appointments made by calling 877-628-2232, 7am-5pm, 7 days a week. Reservations up to 3 days in advance, must be at least one day in advance.

- Ride operates same as normal bus hours.
- Fare is \$2.70 each way

Metrolink Trains

Table 19

<http://www.metrolinktrains.com>

(800) 371-LINK(5465)

For personalized commute planning and Metrolink information, call the Customer Service Center at (800) 371-LINK. Recorded Metrolink schedules are available 24 hours a day and operators are available Monday - Friday from 6:00 a.m. to 10:00 p.m. and Saturday - Sunday from 6:30 a.m. to 8:00 p.m.

Speech and hearing-impaired commuters

Please call (800) 698-4TDD.

Callers from outside Southern California
Please call (213) 347-2800.

Amtrak:

<http://www.amtrak.com/servlet/ContentServer?pagename=am%2FLayout&c=Page&cid=1237748590271&q=disabled>

American Public Transportation Association: <http://www.apta.com>

Links to local services

Vision Services/Therapy

Braille Institute

Table 17

527 North Dale Avenue
Anaheim, CA 92801
Phone: (714) 821-5000
Fax: (714) 527-7621
E-mail: oc@brailleinstitute.org
http://www.brailleinstitute.org/orange_county

Southern California School of Optometry

Table 17

Vision Therapy Program
<http://www.sccoeyecare.com/visiontherapy/index.html>
Low Vision Service Eye Care Center
2575 Yorba Linda Boulevard
Fullerton, CA 92831-1699
714.992.7890
Fax 714.992.7863